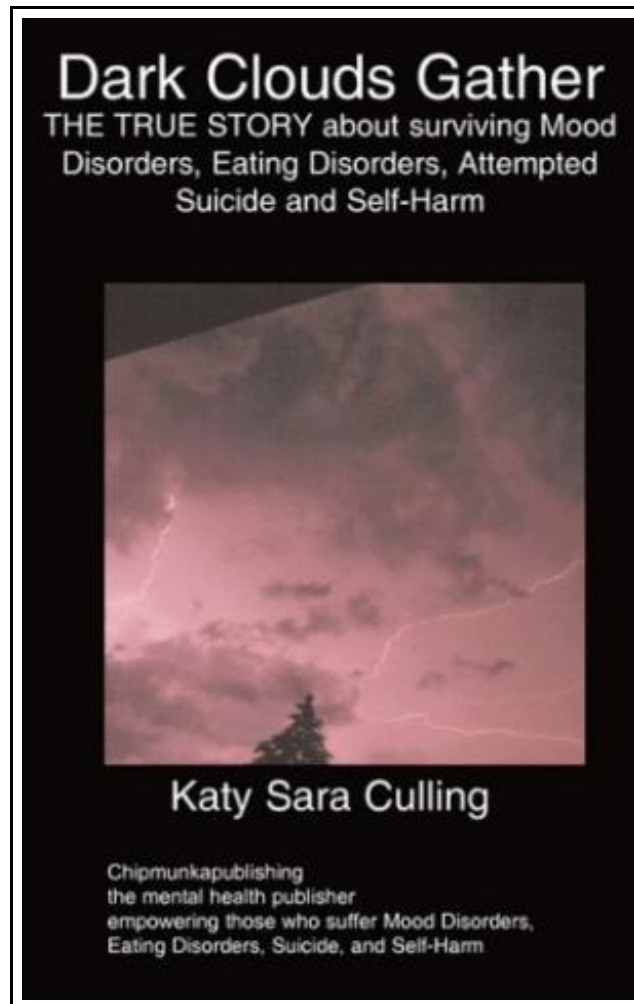


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Chipmunkapublishing, United Kingdom, 2008. Paperback. Book Condition: New. 198 x 128 mm. Language: English Brand New Book ***** Print on Demand *****.Description This book includes a true story about reaching the very edge, the very depths and heights of bipolar illness, but almost always with a sense of humour. Much like a car crash, people cannot help but look when they spy on these sort of black events. It is a new perspective on manic depression as in Prof K.R. Jamison s autobiography about her illness in *An Unquiet Mind*, but mixed explosively with S. Kaysen s immersion into madness in *Girl, Interrupted*; except this book feels like it s been written whilst on crack-cocaine and directed by Quentin Tarantino on a blood-thirsty day. This book may be dark but its underlying message is one of hope. Sometimes you have to see the depths of Hades before you can really appreciate life and health. Being a manic depressive from just 5, then adding in anorexia, bulimia, self-harm and hundreds of suicide attempts, typical student substance misuse on the heavy end of normal, culminating in a long hospitalisation when I was an Oxford doctoral student in clinical medicine. I ended up totally mad, in a long-term psychotic mixed episode (being both manic and depressed concurrently, and suffering from delusions and hallucinations) and several actual deaths that I was revived from. This is my autobiographical tale, a girl who came from nowhere up North to study medicine at Oxford University and spent the majority of her life quite literally mad, but never stopped laughing about it. This suits a wide audience for personal and professional reasons. I want to reach sufferers, carers, and professionals. I am proof that anything can be overcome, what should not be survived can be, and that nothing...



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